

Modal Interchange, Available Tensions & Chord Scales

Chord Scale	Ionian	Dorian	Phrygian	Lydian	Mixolydian	Aeolian	Locrian	Ion.	Dor.	Phry.	Lyd.	Mixo.	Aeo.
Ionian	IMaj7 (9, 13)	II-7 (9, 11, 13)	III-7 (11)	IVMaj7 (9, 11, 13)	V7 (9, 13)	VI-7 (9, 11)	VII-7(b5) (11, 13)	IMaj7 (9, 13)	II-7 (9, 11, 13)	III-7 (11)	IVMaj7 (9, 11, 13)	V7 (9, 13)	VI-7 (9, 11)
Dorian	I-7 (9, 11, 13)	II-7 (11)	bIIIMaj7 (9, 11, 13)	IV7 (9, 13)	V-7 (9, 11)	VI-7(b5) (11, 13)	bVIIMaj7 (9, 13)	I-7 (9, 11, 13)	II-7 (11)	bIIIMaj7 (9, 11, 13)	IV7 (9, 13)	V-7 (9, 11)	
Phrygian	I-7 (11)	bIIMaj7 (9, 11, 13)	bIII7 (9, 13)	IV-7 (9, 11)	V-7(b5) (11, 13)	bVIMaj7 (9, 13)	bVII-7 (9, 11, 13)	I-7 (11)	bIIMaj7 (9, 11, 13)	bIII7 (9, 13)	IV-7 (9, 11)		
Lydian	IMaj7 (9, 11, 13)	II7 (9, 13)	III-7 (9, 11)	#IV-7(b5) (11, 13)	VMaj7 (9, 13)	VI-7 (9, 11, 13)	VII-7 (11)	IMaj7 (9, 11, 13)	II7 (9, 13)	III-7 (9, 11)			
Mixolydian	I7 (9, 13)	II-7 (9, 11)	III-7(b5) (11, 13)	IVMaj7 (9, 13)	V-7 (9, 11, 13)	VI-7 (11)	bVIIMaj7 (9, 11, 13)	I7 (9, 13)	II-7 (9, 11)				
Aeolian	I-7 (9, 11)	II-7(b5) (11, 13)	bIIIMaj7 (9, 13)	IV-7 (9, 11, 13)	V-7 (11)	bVIMaj7 (9, 11, 13)	bVII7 (9, 13)	I-7 (9, 11)					
Locrian	I-7(b5) (11, 13)	bIIMaj7 (9, 13)	bIII-7 (9, 11, 13)	IV-7 (11)	bVMaj7 (9, 11, 13)	bVI7 (9, 13)	bVII-7 (9, 11)						

Common M. I.

↙ Parallel ↘

↕ Relative ↕

Before assuming Modal Interchange, be sure the chord isn't an alternate dominant (either secondary or substitute).

Secondary Dominant: A Dominant 7 Chord with a key related (diatonic) root whose expected resolution is down a Perfect 5th to its target chord.

Substitute Dominant: A Dominant 7 Chord with an out of key (non-diatonic) root whose expected resolution is down a half step to its target chord.